

Smoking Policy

1. Purpose

This policy ensures that ANC complies with legislation and aims to reduce the health risks associated with smoking.

2. Scope

This policy applies to all ANC workers, contractors, visitors, volunteers and labour hire of ANC.

3. Definitions

The following definitions apply for the purpose of this policy:

ANC

All land, property, buildings, warehouses, structures, installations, aircraft or vehicles owned by, controlled by or under contract or lease to ANC.

Worker

Any person who carries out work for ANC. This includes employees, contract carriers, volunteers, trainees/apprentices, work experience students and labour hire companies.

Environmental tobacco smoke

Smoke from the burning end of a tobacco product (side stream smoke) and smoke exhaled out by a smoker (exhaled mainstream smoke). Inhaling environmental tobacco smoke is called involuntary passive smoking.

Smoking

The inhalation and exhalation of smoke from burning tobacco, herbs or drugs by using any apparatus including cigarettes, pipes or cigars or any other product containing tobacco designed for human consumption or use.

4. Policy Statement

ANC is committed to providing a safe and healthy working environment for our workers and others who may be affected by our work.

Exposure to environmental tobacco smoke (passive smoking) is considered a potential health risk.

Passive smoking can increase the risk of lung cancer and heart disease and can be dangerous for people with existing heart or lung conditions. Passive smoking can also trigger asthma attacks; increase the chance of chest infections, cause watery eyes, headaches and sore throats. ANC has an obligation under the Workplace Health and Safety Act and Workplace Health and Safety Regulations to provide a safe working environment and protect the health of staff.

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To meet these legislative requirement and community expectations, and to reinforce commitment to worker welfare, the following will apply:

- Smoking is only permitted in designated areas;
- Smoking is not permitted in company vehicles;
- Smoking is not permitted on customer's premises (business or residential);
- Smoking is only permitted during normal designated meal breaks and rest breaks;
- Workers who disregard this may be subject to disciplinary action.

To help smokers who may wish to quick smoking, support will be provided to help them adjust to the changes. This includes:

- Smokers are encouraged to call the Quitline on 131 848 or visit https://www.icanquit.com.au/
- Health information will be made available to them

Workers who wish to quit smoking should consult their preferred medical practitioner or health care provider to determine their most suitable treatment options.

5. Review

This policy will be reviewed every two years and distributed to workers.

6. Acknowledgements

References:

- Workplace Health and Safety Act
- Workplace Health and Safety Regulation
- Smoke-Free Legislation (All States) https://www.tobaccoinaustralia.org.au/chapter-15smokefree-environment/15-7-legislation/table-15-7-1-implementation-dates-aus

Authorised by: James Taylor

Date: 01st Dec 2021 **Position Title:** Director

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